

## **MUSKAAN**

## A. Schedule

## B. Preamble

We will provide the insurance coverage specified in the Policy to the Insured Persons up to the Sum Insured specified against each benefit, subject to (i) The Policy is based on the statements and declaration provided in the Proposal Form by the Proposer and is subject to i.e the receipt of full premium (ii) the terms, conditions, and exclusions of this Policy,

Your policy comprises:

- The preamble [the current part] which introduces the policy document, describes the structure of the document and sets the general rules;
- The policy wording which lists and details the available coverage, benefits, claims and grievance redressal procedure, exclusions and other terms and conditions of cover;
- The proposal, which is the information You provide to us and which forms the basis for this insurance cover;
- The policy schedule a separate document customized for you showing the cover details opted for by You and offered by Us to You. It is to be noted that the schedule may amend the policy and only those Parts shown as covered in your schedule are insured.
- Any other written alteration otherwise issued by us in writing (such as an endorsement) that varies
  or modifies the above documents.

## C. Definitions

#### **B.1. Standard Definitions:**

- **1. Accident** means a sudden, unforeseen, and involuntary event caused by external, visible and violent means.
- **2. Any One Illness** means continuous period of illness and it includes relapse within forty-five days from the date of last consultation with the hospital where treatment has been taken.
- **3. AYUSH Treatment** refers to hospitalization treatments given under Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy systems.
- **4.** An **AYUSH Hospital** is a healthcare facility wherein medical/surgical/para-surgical treatment procedures and interventions are carried out by AYUSH Medical Practitioner(s) comprising of any of the following:
  - **a.** Central or State Government AYUSH Hospital or
  - **b.** Teaching hospital attached to AYUSH College recognized by the Central Government/Central Council of Indian Medicine/Central Council for Homeopathy; or
  - **c.** AYUSH Hospital, standalone or co-located with in-patient healthcare facility of any recognized system of medicine, registered with the local authorities, wherever applicable, and is under the supervision of a qualified registered AYUSH Medical Practitioner and must comply with all the following criterion:
    - i. Having at least 5 in-patient beds;

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- **ii.** Having qualified AYUSH Medical Practitioner in charge round the clock;
- **iii.** Having dedicated AYUSH therapy sections as required and/or has equipped operation theatre where surgical procedures are to be carried out;
- **iv.** Maintaining daily records of the patients and making them accessible to the insurance company's authorized representative.
- **5. AYUSH Day Care Centre** means and includes Community Health Centre (CHC), Primary Health Centre (PHC), Dispensary, Clinic, Polyclinic or any such health centre which is registered with the local authorities, wherever applicable and having facilities for carrying out treatment procedures and medical or surgical/para-surgical interventions or both under the supervision of registered AYUSH Medical Practitioner (s) on day care basis without in-patient services and must comply with all the following criterion:
  - i. Having qualified registered AYUSH Medical Practitioner(s) in charge;
  - **ii.** Having dedicated AYUSH therapy sections as required and/or has equipped operation theatre where surgical procedures are to be carried out;
  - **iii.** Maintaining daily records of the patients and making them accessible to the insurance company's authorized representative.
- **6. Cashless Facility** means a facility extended by the insurer to the insured where the payments, of the costs of treatment undergone by the insured person in accordance with the Policy terms and conditions, are directly made to the network provider by the insurer to the extent pre-authorization is approved.
- **7. Condition Precedent** means a Policy term or condition upon which the Company's liability under the Policy is conditional upon.
- **8. Congenital Anomaly** refers to a condition(s) which is present since birth, and which is abnormal with reference to form, structure or position.
  - a) Internal Congenital Anomaly

    Congenital anomaly which is not in the visible and accessible parts of the body.
  - b) External Congenital Anomaly

Congenital anomaly which is in the visible and accessible parts of the body.

- **9. Co-payment** means a cost sharing requirement under a health insurance policy that provides that the policyholder/insured will bear a specified percentage of the admissible claims amount. A co-payment does not reduce the Sum Insured.
- **10. Cumulative Bonus** means any increase or addition in the Sum Insured granted by the insurer without an associated increase in premium.
- 11. Day Care Centre means any institution established for day care treatment of disease/ injuries or a medical setup within a hospital and which has been registered with the local authorities, wherever applicable, and is under the supervision of a registered and qualified medical practitioner AND must comply with all minimum criteria as under:
  - i. Has qualified nursing staff under its employment;
  - ii. Has qualified medical practitioner (s) in charge;
  - iii. Has a fully equipped operation theatre of its own where surgical procedures are carried out
  - **iv.** Maintains daily records of patients and shall make these accessible to the company's authorized personnel.
  - **12.** Day Care Treatment means medical treatment, and/or surgical procedure which is:
    - i. Undertaken under General or Local Anesthesia in a hospital/day care centre in less than 24 hrs because of technological advancement, and
    - **ii.** Which would have otherwise required hospitalization of more than 24 hours.

Treatment taken on an out-patient basis is not included in the scope of this definition.

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- 13. **Deductible** means a cost sharing requirement under a health insurance policy that provides that the insurer will not be liable for a specified rupee amount in case of indemnity policies and for a specified number of days/hours in case of hospital cash policies which will apply before any benefits are payable by the insurer. A deductible does not reduce the Sum Insured.
- **14. Disclosure to information norm is** the policy shall be void and all premium paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact.
- **15. Domiciliary Hospitalization** means medical treatment for an illness/disease/injury which in the normal course would require care and treatment at a hospital but is actually undertaken while confined at home under medical advice and under any of the following compelling circumstances;
  - i. The condition of the patient is such that he/she is not in a condition to be removed to a hospital.
  - ii. The patient takes treatment at home on account of non-availability of room in a hospital.
- **16. Emergency Care** means management for an illness or injury which results in symptoms which occur suddenly and unexpectedly, and requires immediate care by a medical practitioner to prevent death or serious long term impairment of the insured person's health.
- **17. Grace Period** means specified period of time immediately following the premium due date during which a payment can be made to renew or continue the Policy in force without loss of continuity benefits such as waiting period and coverage of pre-existing diseases. Coverage is not available for the period for which no premium is received.
- **18. Hospital** means any institution established for in-patient care and day care treatment of disease/injuries and which has been registered as a hospital with the local authorities under the Clinical Establishments (Registration and Regulation) Act, 2010 or under the enactments specified under Schedule of Section 56(1) of the said Act, OR complies with all minimum criteria as under:
  - i. Has qualified nursing staff under its employment round the clock;
  - **ii.** Has at least ten inpatient beds, in those towns having a population of less than ten lakhs and fifteen inpatient beds in all other places;
  - **iii.** Has qualified medical practitioner (s) in charge round the clock;
  - iv. Has a fully equipped operation theatre of its own where surgical procedures are carried out
  - **v.** Maintains daily records of patients and shall make these accessible to the company's authorized personnel.
- **19. Hospitalization** means admission in a hospital for a minimum period of twenty four (24) consecutive 'In-patient care' hours except for specified procedures/ treatments, where such admission could be for a period of less than twenty four (24) consecutive hours.
- **20. Illness** means a sickness or a disease or pathological condition leading to the impairment of normal physiological function and requires medical treatment.
- i Acute Condition means a disease, illness or injury that is likely to response quickly to treatment which aims to return the person to his or her state of health immediately before suffering the disease/illness/injury which leads to full recovery.
- ii Chronic Condition means a disease, illness, or injury that has one or more of the following characteristics
  - **a)** It needs ongoing or long-term monitoring through consultations, examinations, check-ups, and / or tests
  - **b)** It needs ongoing or long-term control or relief of symptoms
  - c) It requires rehabilitation for the patient or for the patient to be special trained to cope with it
  - **d)** It continues indefinitely
  - e) It recurs or is likely to recur



- **21. Injury** means accidental physical bodily harm excluding illness or disease solely and directly caused by external, violent and visible and evident means which is verified and certified by a medical practitioner.
- **22. In-Patient Care** means treatment for which the insured person has to stay in a hospital for more than 24 hours for a covered event.
- **23. ICU** (**Intensive Care Unit**) means an identified section, ward or wing of a hospital which is under the constant supervision of a dedicated medical practitioner(s), and which is specially equipped for the continuous monitoring and treatment of patients who are in a critical condition, or require life support facilities and where the level of care and supervision is considerably more sophisticated and intensive than in the ordinary and other wards.
- **24. ICU (Intensive Care Unit) Charges** means the amount charged by a Hospital towards ICU expenses on a per day basis which shall include the expenses for ICU bed, general medical support services provided to any ICU patient including monitoring devices, critical care nursing and intensivist charges.
- **25. Medical Advice** means any consultation or advice from a Medical Practitioner including the issue of any prescription or follow up prescription.
- **26. Medical Expenses** means those expenses that an insured person has necessarily and actually incurred for medical treatment on account of illness or accident on the advice of a medical practitioner, as long as these are no more than would have been payable if the insured person had not been insured and no more than other hospitals or doctors in the same locality would have charged for the same medical treatment.
- **27. Medically Necessary Treatment** means any treatment, tests, medication, or stay in hospital or part of a stay in hospital which
  - i. Is required for the medical management of illness or injury suffered by the insured;
  - **ii.** Must not exceed the level of care necessary to provide safe, adequate and appropriate medical care in scope, duration, or intensity;
  - iii. Must have been prescribed by a medical practitioner;
  - **iv.** Must conform to the professional standards widely accepted in international medical practice or by the medical community in India.
- **28. Medical Practitioner** means a person who holds a valid registration from the Medical Council of any state or Medical Council of India or Council for Indian Medicine or for Homeopathy set up by the Government of India or a State Government and is thereby entitled to practice medicine within its jurisdiction; and is acting within the scope and jurisdiction of the license. Medical Practitioner should not be the Insured or close family member.
- **29. Migration** means, the right accorded to health insurance policyholders (including all members under family cover and members of group Health insurance policy), to transfer the credit gained for pre-existing conditions and time bound exclusions, with the same insurer.
- **30. Network Provider** means hospitals enlisted by insurer, TPA or jointly by an insurer and TPA to provide medical services to an insured by a cashless facility.
- **31. Newborn Baby** means a baby born during the Policy Period and is aged 90 Day.
- **32. Non- Network Provider** means any hospital, day care centre or other provider that is not part of the network.
- **33. Notification of Claim** means the process of intimating a claim to the Insurer or TPA through any of the recognized modes of communication.
- **34. Out-Patient (OPD) Treatment** means treatment in which the insured visits a clinic / hospital or associated facility like a consultation room for diagnosis and treatment based on the advice of a medical practitioner. The insured is not admitted as a day care or in-patient.
- 35. Pre-Existing Disease (PED): Pre-existing disease means any condition, ailment, injury or disease



- **a.** That is/are diagnosed by a physician within 48 months prior to the effective date of the policy issued by the insurer or
- **b.** For which medical advice or treatment was recommended by, or received from, a physician within 48 months prior to the effective date of the policy or its reinstatement.
- **36. Pre-hospitalization Medical Expenses** means medical expenses incurred during pre-defined number of days preceding the hospitalization of the Insured Person, provided that:
  - **i.** Such Medical Expenses are incurred for the same condition for which the Insured Person's Hospitalization was required, and
  - **ii.** The In-patient Hospitalization claim for such. Hospitalization is admissible by the Insurance Company.
- **37. Post-hospitalization Medical Expenses** means medical expenses incurred during pre-defined number of days immediately after the insured person is discharged from the hospital provided that:
  - i Such Medical Expenses are for the same condition for which the insured person's hospitalization was required, and
  - ii The inpatient hospitalization claim for such hospitalization is admissible by the Insurance Company.
- **38. Portability** means the right accorded to an individual health insurance policyholder (including family cover), to transfer the credit gained for pre-existing conditions and time bound exclusions, from one insurer to another or from one plan to another of the same insurer.
- **39. Qualified Nurse** means a person who holds a valid registration from the Nursing Council of India or the Nursing Council of any state in India.
- **40. Reasonable and Customary charges** mean the charges for services or supplies, which are the standard charges for the specific provider and consistent with the prevailing charges in the geographical area for identical or similar services, taking into account the nature of the Illness / Injury involved.
- **41. Renewal:** Renewal means the terms on which the contract of insurance can be renewed on mutual consent with a provision of grace period for treating the renewal continuous for the purpose of gaining credit for pre-existing diseases, time-bound exclusions and for all waiting periods.
- **42. Room Rent** means the amount charged by a hospital towards Room and Boarding expenses and shall include the associated medical expenses.
- **43. Surgery or Surgical Procedure** means manual and / or operative procedure (s) required for treatment of an illness or injury, correction of deformities and defects, diagnosis and cure of diseases, relief of suffering and prolongation of life, performed in a hospital or day care centre by a medical practitioner.
- **44. Unproven/experimental treatment** means treatment including drug experimental therapy, which is not based on established medical practice in India, is treatment experimental or unproven.

## **B.2. Specific Definitions**

- **1. Age** means age of the Insured person on last birthday as on date of commencement of the Policy.
- **2. Break in Policy** means the period of gap that occurs at the end of the existing policy term, when the premium due for renewal on a given policy is not paid on or before the premium renewal date or within 30 days thereof.
- **3. Insured Person** means person(s) named in the schedule of the Policy.
- **4. Limb** means a arm at or above the wrist or a leg at or above the ankle.
- **5. Permanent** means lasting twelve calendar months and at the expiry of that period being beyond reasonable hope of improvement and certified to that effect by a competent and qualified Physician appointed by Us.

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- **6. Permanent Total Disability** means complete and irreversible loss of functional, normal or characteristic use of the entire arm or leg. "Arm" means the entire arm from the shoulder joint including the attached hand. "Leg" means the entire leg from the hip joint including the attached foot.
- **7. Policy** means these Policy wordings, the Policy Schedule and any applicable endorsements or extensions attaching to or forming part thereof. The Policy contains details of the extent of cover available to the Insured person, what is excluded from the cover and the terms & conditions on which the Policy is issued to The Insured person.
- **8. Policy Period** means period of one policy year as mentioned in the schedule for which the Policy is issued.
- **9. Policy Schedule** means the Policy Schedule attached to and forming part of Policy.
- **10. Policy year** means a period of twelve months beginning from the date of commencement of the policy period and ending on the last day of such twelve-month period. For the purpose of subsequent years, policy year shall mean a period of twelve months commencing from the end of the previous policy year and lapsing on the last day of such twelve-month period, till the policy period, as mentioned in the schedule.
- 11. Renal failure is a condition in which the kidneys lose the ability to remove waste and balance Acute renal failure (ARF) is the abrupt loss of kidney function, resulting in the retention of metabolic waste products and dysregulation of volume and electrolytes of body fluids. The medical term Acute Kidney Injury (AKI) has now largely replaced ARF in the medical communities (Injury not necessarily related to Accidents), reflecting the recognition that smaller decrements in kidney function that do not result in overt organ failure are of substantial clinical relevance and are associated with increased morbidity and mortality.
- **12. Sub-limit** means a cost sharing requirement under a health insurance policy in which an insurer would not be liable to pay any amount in excess of the pre-defined limit.
- **13. Sum Insured** means the pre-defined limit specified in the Policy Schedule. Sum Insured represents the maximum, total and cumulative liability for any and all claims made under the Policy, in respect of that Insured Person (on Individual basis) or all Insured Persons (on Floater basis) during the Policy Year.
- **14. Third Party Administrator (TPA)** means a Company registered with the Authority, and engaged by an insurer, for a fee or by whatever name called and as may be mentioned in the health services agreement, for providing health services.
- **15. Waiting Period** means a period from the inception of this Policy during which specified diseases/treatments are not covered. On completion of the period, diseases/treatments shall be covered provided the Policy has been continuously renewed without any break.
- 16. We/Us/Company means Universal Sompo General Insurance Company
- **17. You/Your** means the person who has taken this Policy and is shown as Insured or the first insured (if more than one) in the Schedule.

# D. Benefits/Coverages

The following benefits are payable subject to Terms and Conditions of the policy:

#### **Section 1: Health**

#### 1. Inpatient Treatment

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We will cover expenses for hospitalization due to disease/illness/Injury during the policy period that requires an Insured Person's admission in a hospital as an inpatient. Medical expenses directly related to the hospitalization for;

- a. Reasonable and Customary Charges for Room Rent for accommodation in Hospital room up to Category as per opted Sum Insured and as specified in the Policy Schedule.
- b. Intensive Care Unit charges for accommodation in ICU,
- c. Operation theatre charges,
- d. Fees of Medical Practitioner/ Surgeon,
- e. Anesthetist,
- f. Qualified Nurses,
- g. Specialists,
- h. Cost of diagnostic tests,
- i. Medicines.
- j. Drugs and consumables, blood, oxygen, surgical appliances and prosthetic devices recommended by the attending Medical Practitioner and that are used intra operatively during a Surgical Procedure.
- k. Modern Treatment

Following Modern Treatments will be covered up to 10% of Sum Insured (wherever medically indicated) either as an In-patient or as part of Day Care Treatment in a Hospital;

- i. Uterine Artery Embolization and HIFU (High intensity focused ultrasound)
- ii. Balloon Sinuplasty
- iii. Deep Brain stimulation
- iv. Oral chemotherapy
- v. Immunotherapy- Monoclonal Antibody to be given as injection
- vi. Intra vitreal injections
- vii. Robotic surgeries
- viii. Stereotactic radio surgeries
  - ix. Bronchical Thermoplasty
  - x. Vaporisation of the prostrate (Green laser treatment or holmium laser treatment)
  - xi. IONM (Intra Operative Neuro Monitoring)
- xii. Stem cell therapy: Hematopoietic stem cells for bone marrow transplant for haematological conditions to be covered.
- l. Assistance Services
- m. Sublimit applicable:

If You avail this option, you agree that in lieu of the discount offered as mentioned in the Policy Schedule, the Medical Expenses incurred during Hospitalization (including its related Pre and Post Hospitalization expenses, if applicable) due to the below mentioned Surgeries / Medical Procedures or any medical treatment pertaining to an Illness/ Injury upon admissibility would become payable by Us subject to limits as per the table below:

S. No	Surgeries / Medical Procedures	Sub-limits (Rs.)
1	Cataract per eye	15,000
2	Other Eye Surgeries	22,000
3	ENT	22,000
4	Surgeries for Tumours/Cysts/Nodule/Polyp	30,000
5	Stone in Urinary System	30,000

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6	Hernia Related	30,000
7	Appendectomy	30,000
8	Knee Ligament Reconstruction Surgery	60,000
9	Hysterectomy	30,000
10	Fissures/Piles/Fistulas	22,000
11	Spine & Vertebrae related	60,000
12	Cellulites/Abscess	22,000
13	Other Surgeries & Procedures	37,000

For the purpose of applicability of the said sub-limits, multiple Hospitalizations pertaining to the same Illness or Procedure / Surgery occurring within a period of 45 days from the date of discharge of the first Hospitalization shall be considered as one Hospitalization.

No other sublimit other than the ones mentioned above shall apply if You choose to avail this option under the Policy.

## 2. Pre-Hospitalization

We will cover for expenses for Pre-Hospitalization Consultations, investigations and medicines incurred up to 15 days as mentioned in the Policy Schedule before the date of admission to the hospital. The benefit is payable if We have admitted a claim under Section 1.1

## 3. Post-Hospitalization

We will cover for expenses for Post Hospitalization Consultations, investigations and medicines incurred up to 30 days as mentioned in the Policy Schedule after discharge from the hospital. The benefit is payable if We have admitted a claim under Section 1.1

#### 4. Domiciliary Treatment

We will cover for expenses related to Domiciliary Hospitalization of the insured person if the treatment exceeds beyond three days. The treatment must be for management of an illness and not for enteral feedings or end of life care. At the time of claiming under this benefit, we shall require certification from the treating doctor fulfilling the conditions as mentioned under the definitions of this policy. Maximum limit under this cover would be 10% of the Sum Insured.

## 5. AYUSH Treatment

We will pay for the Medical Expenses incurred by the Insured Person in any AYUSH Hospital for Inpatient Care under Ayurveda, Yoga and Naturopathy, Unani, Siddha and Homeopathy systems of medicines during each Policy Year up to the limit mentioned in the Policy Schedule.

#### **Section 2: Personal Accident**

#### 1. Accidental Death

We will pay to Nominee incase an Insured Person sustains bodily injury which results into Accidental Death during the Policy period within 12 months from the Date of accident up to the Sum Insured as mentioned in the Policy Schedule.

#### **Exclusions:**

In addition to the Exclusions listed in this Policy this coverage section shall not cover:

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- 1. Loss caused directly or indirectly, wholly, or partly by:
  - a. Infections (except pyogenic infections which shall occur through an Accidental cut or wound) or any other kind of Disease.
  - b. Medical or surgical treatment except as may be necessary solely as a result of Injury;
- 2. Any Injury which shall result in hernia.

## 2. Permanent Total Disability

We will pay a percentage of the Principal Sum shown in the Policy Schedule if Injury to an Insured Person results in any one of the losses shown in the Table of Losses below and if that loss has continued for 12 consecutive months.

The loss must occur within 12 months of the date of the Accident which caused Injury during the Policy period.

- 1. If the Insured Person suffers more than one of the losses below as a result of the same Accident, only one amount, the largest, will be paid.
- 2. After the occurrence of any one of losses 1 to 5 there shall be no further liability under the Policy in respect of the Insured Person for Injury sustained thereafter.

#### **Table of Losses**

	Loss of:	% of Principle Sum
1	Permanent Total Disability	100%
2	Permanent and Incurable Paralysis of All Limbs	100%
3	Permanent Total Loss of Sight of Both Eyes	100%
4	Permanent Total Loss of Use of Two Limbs	100%
5	Permanent Total Loss of Use of One Limb	100%
6	Permanent Total Loss of Hearing in	
	a) Both Ears	75%
	b) One Ear	30%
7	Permanent Total Loss of Sight of One Eye	50%
8	Permanent Total Loss of the Lens of One Eye	40%
9	Permanent Total Loss of Use of Four Fingers and Thumb of Either Hand	40%
10	Permanent Total Loss of Use of Four Fingers of Either Hand	35%
11	Permanent Total Loss of Use of One Thumb of Either Hand	
	a) Both Joints	25%
	b) One Joint	10%
12	Permanent Total Loss of Use of Fingers of Either Hand	
	a) Three Joints	10
	b) Two Joint	7 ½ %
	c) One Joint	5%
13	Permanent Total Loss of Use of Toes of Either Foot	

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a) All - One Foot	20%
b) Great - Both Joints	5%
c) Great - One Joint	2%
d) other than Great, One Toe	1%

## Exposure:

For the purposes of the Permanent Total Loss of Use benefit above, a loss resulting from such Insured Person being unavoidably exposed to the elements due to an Accident will be payable as if resulting from an Injury. Loss must occur within 12 months of the date of the Accident.

## **Exclusions:**

In addition to the Exclusions listed in this Policy this coverage section shall not cover:

- 1. loss caused directly or indirectly, wholly, or partly by:
- a. Infections (except pyogenic infections which shall occur through an accidental cut or wound) or any other kind of Disease;
- b. Medical or surgical treatment except as may be necessary solely as a result of injury;
- 2. Any bodily injury which shall result in hernia.

## E. Exclusions

#### D.i. Standard Exclusions:

The Company shall not be liable to make any payment under the policy, in respect of any expenses incurred in connection with or in respect of:

#### 1. Investigation & Evaluation (Code- Excl04)

- a. Expenses related to any admission primarily for diagnostics and evaluation purposes.
- b. Any diagnostic expenses which are not related or not incidental to the current diagnosis and treatment.

#### 2. Rest Cure, Rehabilitation and Respite Care (Code-Excl05)

Expenses related to any admission primarily for enforced bed rest and not for receiving treatment. This also includes:

- i Custodial care either at home or in a nursing facility for personal care such as help with activities of daily living such as bathing, dressing, moving around either by skilled nurses or assistant or nonskilled persons.
- ii Any services for people who are terminally ill to address physical, social, emotional and spiritual needs.

#### 3. Obesity/ Weight Control (Code- Excl06)

Expenses related to the surgical treatment of obesity that does not fulfil all the below conditions:

- 1) Surgery to be conducted is upon the advice of the Doctor
- 2) The surgery/Procedure conducted should be supported by clinical protocols
- 3) The member has to be 18 years of age or older and
- 4) Body Mass Index (BMI);

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- a) greater than or equal to 40 or
- b) greater than or equal to 35 in conjunction with any of the following severe co-morbidities following failure of less invasive methods of weight loss:
  - i. Obesity-related cardiomyopathy
- ii. Coronary heart disease
- iii. Severe Sleep Apnea
- iv. Uncontrolled Type2 Diabetes

## 4. Change-of-Gender Treatments: (Code- Excl07)

Expenses related to any treatment, including surgical management, to change characteristics of the body to those of the opposite sex.

## 5. Cosmetic or plastic Surgery: (Code- Excl08)

Expenses for cosmetic or plastic surgery or any treatment to change appearance unless for reconstruction following an Accident, Burn(s) or Cancer or as part of medically necessary treatment to remove a direct and immediate health risk to the insured. For this to be considered a medical necessity, it must be certified by the attending Medical Practitioner.

## 6. Hazardous or Adventure sports: (Code- Excl09)

Expenses related to any treatment necessitated due to participation as a professional in hazardous or adventure sports, including but not limited to, para-jumping, rock climbing, mountaineering, rafting, motor racing, horse racing or scuba diving, hand gliding, sky diving, deep-sea diving.

## 7. Breach of law: (Code- Excl10)

Expenses for treatment directly arising from or consequent upon any Insured Person committing or attempting to commit a breach of law with criminal intent.

#### 8. Excluded Providers: (Code-Excl11)

Expenses incurred towards treatment in any hospital or by any Medical Practitioner or any other provider specifically excluded by the Insurer and disclosed in its website / notified to the policyholders are not admissible. However, in case of life-threatening situations or following an accident, expenses up to the stage of stabilization are payable but not the complete claim.

- **9.** Treatment for, Alcoholism, drug or substance abuse or any addictive condition and consequences thereof. **(Code-Excl12)**
- 10. Treatments received in heath hydros, nature cure clinics, spas or similar establishments or private beds registered as a nursing home attached to such establishments or where admission is arranged wholly or partly for domestic reasons. (Code- Excl13)
- 11. Dietary supplements and substances that can be purchased without prescription, including but not limited to Vitamins, minerals and organic substances unless prescribed by a medical practitioner as part of hospitalization claim or day care procedure (Code-Excl14)

## 12. Refractive Error:(Code- Excl15)

Expenses related to the treatment for correction of eyesight due to refractive error less than 7.5 dioptres.

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## 13. Unproven Treatments:(Code- Excl16)

Expenses related to any unproven treatment, services and supplies for or in connection with any treatment. Unproven treatments are treatments, procedures or supplies that lack significant medical documentation to support their effectiveness.

## 14. Sterility and Infertility: (Code-Excl17)

Expenses related to sterility and infertility. This includes:

- (i) Any type of contraception, sterilization
- (ii) Assisted Reproduction services including artificial insemination and advanced reproductive technologies such as IVF, ZIFT, GIFT, ICSI
- (iii) Gestational Surrogacy
- (iv) Reversal of sterilization

## **D.ii. Specific Exclusions:**

We shall not be liable to make any payment for any claim under any of the Cover/ Benefits under the Policy in respect of any Insured Person, directly or indirectly caused by or arising from or in any way attributable to, any of the following:

- 1. Suicide or attempted Suicide, intentional self-inflicted injury, acts of self-destruction whether the Insured Person is medically sane or insane.
- 2. Pregnancy or childbirth or in consequence thereof.
- 3. Consequential losses of any kind or actual or alleged legal liability
- 4. Certification by a Medical Practitioner who shares the same residence as the Insured Person or who is a member of the Insured Person's Family.
- 5. Death or disablement arising out of or attributable to foreign invasion, act of foreign enemies, hostilities, warlike operations (whether war be declared or not or while performing duties in the armed forces of any country during war or at peace time), participation in any naval, military or air-force operation, civil war, public defense, rebellion, revolution, insurrection, military or usurped power.
- 6. Death or disablement directly or indirectly caused by or associated with any venereal disease, sexually transmitted disease.
- 7. Bacterial infections (except pyogenic infection which occurs through a cut or wound due to Accident).
- 8. Medical or surgical treatment except as necessary solely and directly as a result of an Accident.
- 9. Any change of profession after inception of the Policy which results in the enhancement of Our risk under the Policy, if not accepted and endorsed by Us.
- 10. Death or disablement arising or resulting from the Insured Person committing any breach of law or participating in an actual or attempted felony, riot, crime, misdemeanor or civil commotion with criminal intent.
- 11. Death or disablement arising from or caused due to use, abuse or a consequence or influence of an abuse of any substance, intoxicant, drug, alcohol or hallucinogen.
- 12. Insured Persons whilst engaging in any Adventure Sports and activities unless otherwise specifically modified by the Policy.
- 13. Disease in the natural course of an event caused/transmitted by insect/virus/bacteria and the like.
- 14. Death or disablement arising from or caused by ionizing radiation or contamination by radioactivity from any nuclear fuel (explosive or hazardous form) or resulting from or from any other cause or event contributing concurrently or in any other sequence to the loss, claim or

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expense from any nuclear waste from the combustion of nuclear fuel, nuclear, chemical or biological attack.

- a) Chemical attack or weapons means the emission, discharge, dispersal, release or escape of any solid, liquid or gaseous chemical compound which, when suitably distributed, is capable of causing any Illness, incapacitating disablement or death.
- b) Biological attack or weapons means the emission, discharge, dispersal, release or escape of any pathogenic (disease producing) microorganisms and/or biologically produced toxins (including genetically modified organisms and chemically synthesized toxins) which are capable of causing any Illness, incapacitating disablement or death.
- 15. Any expenses incurred on OPD treatment.
- 16. Treatment taken outside the geographical limits of India.
- 17. In respect of the existing diseases, disclosed by the insured and mentioned in the policy schedule (based on insured's consent), policyholder is not entitled to get the coverage for specified ICD codes.

## F. Waiting Period

The Company shall not be liable to make any payment under the policy in connection with or in respect of following expenses till the expiry of waiting period mentioned below:

## 1. Pre-Existing Diseases (Code- Excl01)

- a) Expenses related to the treatment of a pre-existing Disease (PED) and its direct complications shall be excluded until the expiry of 36 months of continuous coverage after the date of inception of the first policy with us.
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If the Insured Person is continuously covered without any break as defined under the portability norms of the extant IRDAI (Health Insurance) Regulations, then waiting period for the same would be reduced to the extent of prior coverage.
- d) Coverage under the policy after the expiry of 36 months for any pre-existing disease is subject to the same being declared at the time of application and accepted by us.

## 2. Specific Waiting Period: (Code- Excl02)

- a) Expenses related to the treatment of the following listed conditions, surgeries/treatments shall be excluded until the expiry of 24/48 months of continuous coverage, as may be the case after the date of inception of the first policy with the insurer. This exclusion shall not be applicable for claims arising due to an accident.
- b) In case of enhancement of sum insured the exclusion shall apply afresh to the extent of sum insured increase.
- c) If any of the specified disease/procedure falls under the waiting period specified for pre-existing diseases, then the longer of the two waiting periods shall apply.
- d) The waiting period for listed conditions shall apply even if contracted after the policy or declared and accepted without a specific exclusion.
- e) If the Insured Person is continuously covered without any break under the policy, then waiting period for the same would be reduced to the extent of prior coverage.

#### i. 24 Months waiting period

1. All internal and external benign tumors, cysts, polyps of any kind, including benign breast lumps

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- 2. Benign ear, nose, throat disorders
- 3. Benign prostate hypertrophy
- 4. Cataract and age-related eye ailments
- 5. Gastric/ Duodenal Ulcer
- 6. Gout and Rheumatism
- 7. Hernia of all types
- 8. Hydrocele
- 9. Non-Infective Arthritis
- 10. Piles, Fissures and Fistula in anus
- 11. Pilonidal sinus, Sinusitis and related disorders
- 12. Prolapse inter Vertebral Disc and Spinal Diseases unless arising from accident
- 13. Skin Disorders
- 14. Stone in Gall Bladder and Bile duct, excluding malignancy
- 15. Stones in Urinary system
- 16. Treatment for Menorrhagia/Fibromyoma, Myoma and Prolapsed uterus
- 17. Varicose Veins and Varicose Ulcers
- 18. Renal Failure
- 19. Puberty and Menopause related Disorders
- 20. Behavioral and Neuro-Develop HIV Disorders:
  - a. Disorders of adult personality
  - b. Disorders of speech and language including stammering, dyslexia

## ii 48 Months waiting period

- 1. Joint Replacement due to Degenerative Condition
- 2. Age-related Osteoarthritis & Osteoporosis
- 3. Treatment of HIV illness, stress or psychological disorders and neurodegenerative disorders.
- 4. Age Related Macular Degeneration (ARMD)
- 5. Genetic diseases or disorders

#### 3. First Thirty Days Waiting Period (Code- Excl03)

- i Expenses related to the treatment of any illness within 30 days from the first policy commencement date shall be excluded except claims arising due to an accident, provided the same are covered.
- ii This exclusion shall not, however, apply if the Insured Person has Continuous Coverage for more than twelve months.
- iii The within referred waiting period is made applicable to the enhanced sum insured in the event of granting higher sum insured subsequently.

#### G. General Terms & Clauses

#### F.1. Standard General Terms and Clauses:

#### 1. Disclosure of Information

The Policy shall be void and all premiums paid thereon shall be forfeited to the Company in the event of misrepresentation, mis-description or non-disclosure of any material fact.

#### 2. Condition Precedent to Admission of Liability

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The due observance and fulfilment of the terms and conditions of the policy, by the insured person, shall be a condition precedent to any liability of the Company to make any payment for claim(s) arising under the policy.

(Explanation: "Bank rate" shall mean the rate fixed by the Reserve Bank of India (RBI) at the beginning of the financial year in which claim has fallen due). The Clause shall be suitably modified by the insurer based on the amendment(s), if any to the relevant provisions of Protection of Policyholder's Interests Regulations, 2017)

## 3. Claim Settlement (provision for Penal Interest)

- i. The Company shall settle or reject a claim, as the case may be, within 30 days from the date of receipt of last necessary document.
- ii. In the case of delay in the payment of a claim, the Company shall be liable to pay interest to the policyholder from the date of receipt of last necessary document to the date of payment of claim at a rate 2% above the bank rate.
- iii. However, where the circumstances of a claim warrant an investigation in the opinion of the Company, it shall initiate and complete such investigation at the earliest, in any case not later than 30 days from the date of receipt of last necessary document. In such cases, the Company shall settle or reject the claim within 45 days from the date of receipt of last necessary document.
- iv. In case of delay beyond stipulated 45 days, the Company shall be liable to pay interest to the policyholder at a rate 2% above the bank rate from the date of receipt of last necessary document to the date of payment of claim.

#### 4. Complete Discharge

Any payment to the policyholder, insured person or his/ her nominees or his/ her legal representative or assignee or to the Hospital, as the case may be, for any benefit under the policy shall be a valid discharge towards payment of claim by the Company to the extent of that amount for the particular claim.

#### 5. Multiple Policies

- i. In case of multiple policies taken by an insured person during a period from one or more insurers to indemnify treatment costs, the insured person shall have the right to require a settlement of his/her claim in terms of any of his/her policies. In all such cases the insurer chosen by the insured person shall be obliged to settle the claim as long as the claim is within the limits of and according to the terms of the chosen policy.
- ii. Insured person having multiple policies shall also have the right to prefer claims under this policy for the amounts disallowed under any other policy / policies even if the sum insured is not exhausted. Then the insurer shall independently settle the claim subject to the terms and conditions of this policy.
- iii. If the amount to be claimed exceeds the sum insured under a single policy, the insured person shall have the right to choose insurer from whom he/she wants to claim the balance amount.
- iv. Where an insured person has policies from more than one insurer to cover the same risk on indemnity basis, the insured person shall only be indemnified the treatment costs in accordance with the terms and conditions of the chosen policy.

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#### 6. Fraud

If any claim made by the insured person, is in any respect fraudulent, or if any false statement, or declaration is made or used in support thereof, or if any fraudulent means or devices are used by the insured person or anyone acting on his/her behalf to obtain any benefit under this policy, all benefits under this policy and the premium paid shall be forfeited.

Any amount already paid against claims made under this policy but which are found fraudulent later shall be repaid by all recipient(s)/policyholder(s), who has made that particular claim, who shall be jointly and severally liable for such repayment to the insurer.

For the purpose of this clause, the expression "fraud" means any of the following acts committed by the insured person or by his agent, with intent to deceive the insurer or to induce the insurer to issue an insurance policy:

- a) the suggestion, as a fact of that which is not true and which the insured person does not believe to be true:
- b) the active concealment of a fact by the insured person having knowledge or belief of the fact;
- c) any other act fitted to deceive; and
- d) any such act or omission as the law specially declares to be fraudulent

The Company shall not repudiate the claim and / or forfeit the policy benefits on the ground of Fraud, if the insured person / beneficiary can prove that the misstatement was true to the best of his knowledge and there was no deliberate intention to suppress the fact or that such misstatement of or suppression of material fact are within the knowledge of the insurer. Onus of disproving is upon the policyholder, if alive, or beneficiaries.

#### 7. Cancellation

i. The policyholder may cancel this policy by giving 15days' written notice and in such an event, the Company shall refund premium for the unexpired policy period as detailed below.

Cancellation Period						
Cover Period Within 1 From 1 month From 3 month From 6 months During During					During	
	month	to 3 months	to 6 months	to 1 year	2nd Year	3rd Year
1 year	75%	50%	25%	0%	NA	NA
2 year	75%	65%	50%	25%	0%	NA
3 year	75%	70%	60%	45%	11%	0%

Notwithstanding anything contained herein or otherwise, no refunds of premium shall be made in respect of Cancellation where any claim has been admitted or has been lodged or any benefit has been availed by the insured person under the policy.

ii. The Company may cancel the policy at any time on grounds of misrepresentation, non-disclosure of material facts, fraud by the insured person by giving 15 days' written notice. There would be no refund of premium on cancellation on grounds of misrepresentation, non-disclosure of material facts or fraud.

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## 8. Migration

The insured person will have the option to migrate the policy to other health insurance products/plans offered by the company by applying for migration of the policy at least 30 days before the policy renewal date as per IRDAI guidelines on Migration. If such person is presently covered and has been continuously covered without any lapses under any health insurance product/plan offered by the company, the insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on migration.

For Detailed Guidelines on Migration, kindly visit www.universalsompo.com

## 9. Portability

The insured person will have the option to port the policy to other insurers by applying to such insurer to port the entire policy along with all the members of the family, if any, at least 45 days before, but not earlier than 60 days from the policy renewal date as per IRDAI guidelines related to portability. If such person is presently covered and has been continuously covered without any lapses under any health insurance policy with an Indian General/Health insurer, the proposed insured person will get the accrued continuity benefits in waiting periods as per IRDAI guidelines on portability of Health Insurance policies.

#### 10. Renewal of Policy

The policy shall ordinarily be renewable except on grounds of fraud, misrepresentation by the insured person.

- i. The Company shall endeavor to give notice for renewal. However, the Company is not under obligation to give any notice for renewal.
- ii. Renewal shall not be denied on the ground that the insured person had made a claim or claims in the Request for renewal along with requisite premium shall be received by the Company before the end of the policy period.
- iii. At the end of the policy period, the policy shall terminate and can be renewed within the Grace Period of 30 days to maintain continuity of benefits without break in policy. Coverage is not available during the grace period.
- iv. No loading shall apply on renewals based on individual claims experience.

#### 11. Withdrawal of Policy

- i. In the likelihood of this product being withdrawn in future, the Company will intimate the insured person about the same 90 days prior to expiry of the policy.
- ii. Insured Person will have the option to migrate to similar health insurance product available with the Company at the time of renewal with all the accrued continuity benefits such as cumulative bonus, waiver of waiting period. as per IRDAI guidelines, provided the policy has been maintained without a break.

#### 12. Moratorium Period

After completion of eight continuous years under the policy, no look back is to be applied. This period of eight years is called as moratorium period. The moratorium would be applicable for the sums insured of the first policy and, subsequently, completion of 8 continuous years would be applicable from the date of enhancement of sums insured only on the enhanced limits. After the expiry of Moratorium Period no health insurance claim shall be contestable except for proven fraud

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and permanent exclusions specified in the policy contract. The policies would, however, be subject to all limits, sub limits, co-payments, deductibles as per the policy contract.

#### 13. Possibility of Revision of Terms of the Policy Including the Premium Rates

The Company, with prior approval of IRDAI, may revise or modify the terms of the policy including the premium rates. The insured person shall be notified three months before the changes are affected.

## 14. Free look period

The Free Look Period shall be applicable on new individual health insurance policies and not on renewals or at the time of porting/migrating the policy. The insured person shall be allowed free look period of fifteen days from date of receipt of the policy document to review the terms and conditions of the policy, and to return the same if not acceptable. If the insured has not made any claim during the Free Look Period, the insured shall be entitled to

- i. A refund of the premium paid less any expenses incurred by the Company on medical examination of the insured person and the stamp duty charges or
- ii. Where the risk has already commenced and the option of return of the policy is exercised by the insured person, a deduction towards the proportionate risk premium for period of cover or
- iii. Where only a part of the insurance coverage has commenced, such proportionate premium commensurate with the insurance coverage during such period.

#### 15. Nomination:

The policyholder is required at the inception of the policy to make a nomination for the purpose of payment of claims under the policy in the event of death of the policyholder. Any change of nomination shall be communicated to the company in writing and such change shall be effective only when an endorsement on the policy is made. In the event of death of the policyholder, the Company will pay the nominee {as named in the Policy Schedule/Policy Certificate/Endorsement (if any)} and in case there is no subsisting nominee, to the legal heirs or legal representatives of the policyholder whose discharge shall be treated as full and final discharge of its liability under the policy.

#### 16. Redressal of Grievance

In case of any grievance the insured person may contact the company through

#### Universal Sompo General Insurance Co. Ltd.

Unit No. 601 & 602, 6th Floor, Reliable Tech Park, Cloud City Campus; Gut No-31, Mouje Elthan, Thane- Belapur Road, Airoli, Navi Mumbai- 400708

Toll Free Numbers: 1-800-224030 (For MTNL/BSNL Users) or 1-800-2004030/ Senior Citizen: 1800-267-4030

Landline Numbers: (022) 39133700 (Local Charges Apply)

E-mail Address: contactus@universalsompo.com

**Note:** Please include Your Policy number for any communication with us. Insured person may also approach the grievance cell at any of the company's branches with the details of grievance

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If Insured person is not satisfied with the redressal of grievance through one of the above methods, insured person may contact the grievance officer at <a href="mailto:grievance@universalsompo.com">grievance@universalsompo.com</a>

For updated details of grievance officer, kindly refer the link <a href="https://universalsompo.com/resourse-grievance-redressal">https://universalsompo.com/resourse-grievance-redressal</a>

If Insured person is not satisfied with the redressal of grievance through above methods, the insured person may also approach the office of Insurance Ombudsman of the respective area/region for redressal of grievance as per Insurance Ombudsman Rules 2017.

Grievance may also be lodged at IRDAI Integrated Grievance Management System - <a href="https://igms.irda.gov.in/">https://igms.irda.gov.in/</a>

The contact details of the Insurance Ombudsman offices have been provided at Section H.

## H. Claim Procedure

#### 1. Procedure for Cashless claims:

- i Treatment may be taken in a network provider and is subject to pre-authorization by the Company or its authorized TPA.
- ii Cashless request form available with the network provider and TPA shall be completed and sent to the Company/TPA for authorization.
- iii The Company/ TPA upon getting cashless request form and related medical information from the insured person/ network provider will issue pre-authorization letter to the hospital after verification.
- iv At the time of discharge, the insured person has to verify and sign the discharge papers, pay for non-medical and inadmissible expenses.
- v The Company / TPA reserves the right to deny pre-authorization in case the insured person is unable to provide the relevant medical details.
- vi In case of denial of cashless access, the insured person may obtain the treatment as per treating doctor's advice and submit the claim documents to the Company / TPA for reimbursement.

#### 2. Procedure for reimbursement of claims:

For reimbursement of claims the insured person may submit the necessary documents to Company within the prescribed time limit as specified hereunder.

SI No	Type of Claim	Prescribed Time limit
	Reimbursement of hospitalization, day care and pre-hospitalization expenses	Within thirty days of date of discharge from hospital
2.		Within fifteen days from completion of post hospitalization treatment

#### 3. Notification of Claim

Notice with full particulars shall be sent to the Company as under:

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- i Within 24 hours from the date of emergency hospitalization required or before the Insured Person's discharge from Hospital, whichever is earlier.
- ii At least 48 hours prior to admission in Hospital in case of a planned Hospitalization.

#### 4. Documents to be submitted:

The reimbursement claim is to be supported with the following documents and submitted within the prescribed time limit.

- i Duly Completed claim form
- ii Photo Identity proof of the patient
- iii Medical practitioner's prescription advising admission
- iv Original bills with itemized break-up
- v Payment receipts
- vi Discharge summary including complete medical history of the patient along with other details.
- vii Investigation/ Diagnostic test reports etc. supported by the prescription from attending medical practitioner
- viii OT notes or Surgeon's certificate giving details of the operation performed (for surgical cases).
- ix Sticker/Invoice of the Implants, wherever applicable.
- x MLR(Medico Legal Report copy if carried out and FIR (First information report) if registered, where ever applicable.
- xi NEFT Details (to enable direct credit of claim amount in bank account) and cancelled cheque
- xii KYC (Identity proof with Address) of the proposer, where claim liability is above Rs 1 Lakh as per AML Guidelines
- xiii Legal heir/succession certificate, wherever applicable
- xiv Any other relevant document required by Company/TPA for assessment of the claim.

#### Note:

- 1. Documentation consistent with Telemedicine Practice Guidelines [2020] circulated by the Medical Council of India shall also be allowed under this policy along with the ones involving standard, inperson consultation with a medical practitioner.
- 2. The company shall only accept bills/invoices/medical treatment related documents only in the Insured Person's name for whom the claim is submitted
- 3. In the event of a claim lodged under the Policy and the original documents having been submitted to any other insurer, the Company shall accept the copy of the documents and claim settlement advice, duly certified by the other insurer subject to satisfaction of the Company
- 4. Any delay in notification or submission may be condoned on merit where delay is proved to be for reasons beyond the control of the Insured Person

#### I. Grievance & Ombudsman

Office Details	Jurisdiction of Office Union Territory, District)
AHMEDABAD - Shri Kuldip Singh	Gujarat,
Office of the Insurance Ombudsman,	Dadra & Nagar Haveli,
Jeevan Prakash Building, 6th floor,	Daman and Diu.
Tilak Marg, Relief Road,	

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Ahmedabad – 380 001.	
Tel.: 079 - 25501201/02/05/06	
Email: bimalokpal.ahmedabad@cioins.co.in	
BENGALURU -	
Office of the Insurance Ombudsman,	
Jeevan Soudha Building,PID No. 57-27-N-19	
Ground Floor, 19/19, 24th Main Road,	
JP Nagar, Ist Phase,	Karnataka.
Bengaluru – 560 078.	
Tel.: 080 - 26652048 / 26652049	
Email: bimalokpal.bengaluru@cioins.co.in	
BHOPAL -	
Office of the Insurance Ombudsman,	Madhya Pradesh
Janak Vihar Complex, 2nd Floor,	Chattisgarh.
6, Malviya Nagar, Opp. Airtel Office,	
Near New Market,	
Bhopal – 462 003.	
Tel.: 0755 - 2769201 / 2769202	
Fax: 0755 - 2769203	
Email: bimalokpal.bhopal@cioins.co.in  BHUBANESHWAR - Shri Suresh Chandra Panda	
Office of the Insurance Ombudsman,	
62, Forest park,	
Bhubneshwar – 751 009.	Orissa.
Tel.: 0674 - 2596461 /2596455	
Fax: 0674 - 2596429	
Email: bimalokpal.bhubaneswar@cioins.co.in	
CHANDIGARH -	Punjab,
Office of the Insurance Ombudsman,	Haryana(excluding Gurugram,
S.C.O. No. 101, 102 & 103, 2nd Floor,	Faridabad, Sonepat and
Batra Building, Sector 17 – D,	Bahadurgarh)
Chandigarh – 160 017.	Himachal Pradesh, Union
Tel.: 0172 - 2706196 / 2706468	Territories of Jammu & Kashmir,
Fax: 0172 - 2708274	Ladakh & Chandigarh.
Email: bimalokpal.chandigarh@cioins.co.in	Tamil Nadu,
CHENNAI -	Tamii Nadu,
Office of the Insurance Ombudsman,	PuducherryTown and
Fatima Akhtar Court, 4th Floor, 453,	Karaikal (which are part of
Anna Salai, Teynampet,	` =
CHENNAI – 600 018.	Puducherry).
Tel.: 044 - 24333668 / 24335284	
Fax: 044 - 24333664	
Email: bimalokpal.chennai@cioins.co.in	
DELHI - Shri Sudhir Krishna	D 11:0
Office of the Insurance Ombudsman,	Delhi &
2/2 A, Universal Insurance Building,	Following Districts of Haryana -
Asaf Ali Road,	Gurugram, Faridabad, Sonepat &
New Delhi – 110 002.	Bahadurgarh.

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Tel.: 011 - 23232481/23213504	
Email: bimalokpal.delhi@cioins.co.in	
GUWAHATI -	A
Office of the Insurance Ombudsman,	Assam,
Jeevan Nivesh, 5th Floor,	Meghalaya,
Nr. Panbazar over bridge, S.S. Road,	Manipur,
Guwahati – 781001(ASSAM).	Mizoram,
Tel.: 0361 - 2632204 / 2602205	Arunachal Pradesh,
Email: bimalokpal.guwahati@cioins.co.in	Nagaland and Tripura.
HYDERABAD -	
Office of the Insurance Ombudsman,	
6-2-46, 1st floor, "Moin Court",	Andhra Pradesh,
Lane Opp. Saleem Function Palace,	Telangana,
A. C. Guards, Lakdi-Ka-Pool,	Yanam and
Hyderabad - 500 004.	part of Union Territory of
Tel.: 040 - 23312122	Puducherry.
Fax: 040 - 23376599	
Email: bimalokpal.hyderabad@cioins.co.in	
JAIPUR -	
Office of the Insurance Ombudsman,	
Jeevan Nidhi – II Bldg., Gr. Floor,	
Bhawani Singh Marg,	D 1 1
Jaipur - 302 005.	Rajasthan.
Tel.: 0141 - 2740363	
Email: bimalokpal.jaipur@cioins.co.in	
ERNAKULAM - Ms. Poonam Bodra	Kerala,
Office of the Insurance Ombudsman,	Lakshadweep,
2nd Floor, Pulinat Bldg.,	Mahe-a part of Union Territory of
Opp. Cochin Shipyard, M. G. Road,	Puducherry.
Ernakulam - 682 015.	
Tel.: 0484 - 2358759 / 2359338	
Fax: 0484 - 2359336	
Email: bimalokpal.ernakulam@cioins.co.in	
KOLKATA - Shri P. K. Rath	Wost Pongol
Office of the Insurance Ombudsman,	West Bengal,
Hindustan Bldg. Annexe, 4th Floor,	Sikkim, Andaman & Nicobar Islands.
4, C.R. Avenue,	Andaman & Nicopar Islands.
KOLKATA - 700 072.	
Tel.: 033 - 22124339 / 22124340	
Fax: 033 - 22124341	
Email: bimalokpal.kolkata@cioins.co.in	
LUCKNOW -Shri Justice Anil Kumar Srivastava	Districts of Uttar Pradesh:
Office of the Insurance Ombudsman,	Lalitpur, Jhansi, Mahoba,
6th Floor, Jeevan Bhawan, Phase-II,	Hamirpur, Banda, Chitrakoot,
Nawal Kishore Road, Hazratganj,	Allahabad, Mirzapur, Sonbhabdra,
Lucknow - 226 001.	Fatehpur, Pratapgarh,
Tel.: 0522 - 2231330 / 2231331	Jaunpur, Varanasi, Gazipur, Jalaun,

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Fax: 0522 - 2231310 Email: bimalokpal.lucknow@cioins.co.in	Kanpur, Lucknow, Unnao, Sitapur, Lakhimpur, Bahraich, Barabanki, Raebareli, Sravasti, Gonda, Faizabad, Amethi, Kaushambi, Balrampur, Basti, Ambedkarnagar, Sultanpur, Maharajgang, Santkabirnagar, Azamgarh, Kushinagar, Gorkhpur, Deoria, Mau, Ghazipur, Chandauli, Ballia, Sidharathnagar.
MUMBAI -	Coo
Office of the Insurance Ombudsman, 3rd Floor, Jeevan Seva Annexe, S. V. Road, Santacruz (W), Mumbai - 400 054. Tel.: 69038821/23/24/25/26/27/28/28/29/30/31 Fax: 022 - 26106052 Email: bimalokpal.mumbai@cioins.co.in	Goa, Mumbai Metropolitan Region excluding Navi Mumbai & Thane.
Estian. Dimarchpa.mambai@ciomo.co.iii	State of Uttaranchal and the
NOIDA - Shri Chandra Shekhar Prasad Office of the Insurance Ombudsman, Bhagwan Sahai Palace 4th Floor, Main Road, Naya Bans, Sector 15, Distt: Gautam Buddh Nagar, U.P-201301. Tel.: 0120-2514252 / 2514253 Email: bimalokpal.noida@cioins.co.in	following Districts of Uttar Pradesh: Agra, Aligarh, Bagpat, Bareilly, Bijnor, Budaun, Bulandshehar, Etah, Kanooj, Mainpuri, Mathura, Meerut, Moradabad, Muzaffarnagar, Oraiyya, Pilibhit, Etawah, Farrukhabad, Firozbad, Gautambodhanagar, Ghaziabad, Hardoi, Shahjahanpur, Hapur, Shamli, Rampur, Kashganj, Sambhal, Amroha, Hathras, Kanshiramnagar, Saharanpur.
PATNA - Shri N. K. Singh Office of the Insurance Ombudsman, 2nd Floor, Lalit Bhawan, Bailey Road, Patna 800 001. Tel.: 0612-2547068 Email: bimalokpal.patna@cioins.co.in	Bihar, Jharkhand.
PUNE - Shri Vinay Sah	Maharashtra,
Office of the Insurance Ombudsman, Jeevan Darshan Bldg., 3rd Floor, C.T.S. No.s. 195 to 198, N.C. Kelkar Road, Narayan Peth, Pune – 411 030. Tel.: 020-41312555	Area of Navi Mumbai and Thane excluding Mumbai Metropolitan Region.
Email: bimalokpal.pune@cioins.co.in	

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## <u>Annexure 1 – Daycare Procedures</u>

## **DAY CARE PROCEDURES- ANNEXURE C**

#### A. Cardiology:

1. Coronary Angiography

#### **B. Critical Care:**

- 1. Insert Non Tunnel CV Cath
- 2. Insert PICC CATH (Peripherally Inserted Central Catheter)
- 3. Replace PICC CATH (Peripherally Inserted Central Catheter)
- 4. Insertion Catheter, Intra Anterior
- 5. Insertion of Portacath

#### C. Dental:

- 1. Suturing Lacerated Lip
- 2. Suturing Oral Mucosa
- 3. Oral Biopsy In Case Of Abnormal Tissue Presentation
- 4. FNAC

## D. ENT:

- 1. Bronchical Thermoplasty for Asthma
- 2. Myringotomy With Grommet Insertion
- 3. Tymanoplasty (closure Of An Eardrum Perforation reconstruction Of The Auditory Ossicles)
- 4. Removal Of A Tympanic Drain
- 5. Keratosis Removal Under GA
- 6. Operations On The Turbinates (nasal Concha)
- 7. Removal Of Keratosis Obturans
- 8. Stapedotomy To Treat Various Lesions In Middle Ear
- 9. Revision Of A Stapedectomy
- 10. Other Operations On The Auditory Ossicles
- 11. Myringoplasty (post-aura/endaural Approach As Well As Simple Type-I Tympanoplasty)
- 12. Fenestration Of The Inner Ear
- 13. Revision Of A Fenestration Of The Inner Ear
- 14. Palatoplasty
- 15. Transoral Incision And Drainage Of A Pharyngeal Abscess
- 16. Tonsillectomy Without Adenoidectomy
- 17. Tonsillectomy With Adenoidectomy
- 18. Excision And Destruction Of A Lingual Tonsil
- 19. Revision Of A Tympanoplasty

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- 20. Other Microsurgical Operations On The Middle Ear
- 21. Incision Of The Mastoid Process And Middle Ear
- 22. Mastoidectomy Reconstruction Of The Middle Ear
- 23. Other Excisions Of The Middle And Inner Ear
- 24. Incision (opening) And Destruction (elimination) Of The Inner Ear
- 25. Other Operations On The Middle And Inner Ear
- 26. Excision And Destruction Of Diseased Tissue Of The Nose
- 27. Other Operations On The Nose
- 28. Nasal Sinus Aspiration
- 29. Foreign Body Removal From Nose
- 30. Other Operations On The Tonsils And Adenoids
- 31. Adenoidectomy
- 32. Labyrinthectomy For Severe Vertigo
- 33. Stapedectomy Under GA
- 34. Stapedectomy Under LA
- 35. Tympanoplasty (type IV)
- 36. Endolymphatic Sac Surgery For Meniere's Disease
- 37. Turbinectomy
- 38. Endoscopic Stapedectomy
- 39. Incision And Drainage Of Perichondritis
- 40. Septoplasty
- 41. Vestibular Nerve Section
- 42. Thyroplasty Type I
- 43. Pseudocyst Of The Pinna Excision
- 44. Incision And Drainage Haematoma Auricle
- 45. Tympanoplasty (Type II)
- 46. Reduction Of Fracture Of Nasal Bone
- 47. Thyroplasty Type II
- 48. Tracheostomy
- 49. Excision Of Angioma Septum
- 50. Turbinoplasty
- 51. Incision & Drainage Of Retro Pharyngeal Abscess
- 52. Uvulo Palato Pharyngo Plasty
- 53. Adenoidectomy With Grommet Insertion
- 54. Adenoidectomy Without Grommet Insertion
- 55. Vocal Cord Lateralisation Procedure
- 56. Incision & Drainage Of Para Pharyngeal Abscess
- 57. Tracheoplasty
- 58. Total excision of Pinna
- 59. Middle ear polypectomy
- 60. Nasal septum cauterisation (and bilateral)
- 61. Excision of lesion of Internal nose

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#### 62. Balloon Sinuplasty

#### **E.** Gastroenterology:

- Cholecystectomy And Choledocho-jejunostomy/Duodenostomy / Gastrostomy / Exploration Common Bile Duct
- 2. Esophagoscopy, Gastroscopy, Duodenoscopy With Polypectomy/Removal Of Foreign Body/diathermy Of Bleeding Lesions
- 3. Pancreatic Pseudocyst Eus & Drainage
- 4. RF Ablation For Barrett's Oesophagus
- 5. ERCP And Papillotomy
- 6. Esophagoscope And Sclerosant Injection
- 7. EUS + Submucosal Resection
- 8. Construction Of Gastrostomy Tube
- 9. EUS + Aspiration Pancreatic Cyst
- 10. Small Bowel Endoscopy (therapeutic)
- 11. Colonoscopy, Lesion Removal
- 12. ERCP
- 13. Colonscopy Stenting Of Stricture
- 14. Percutaneous Endoscopic Gastrostomy
- 15. EUS And Pancreatic Pseudo Cyst Drainage
- 16. ERCP And Choledochoscopy
- 17. Proctosigmoidoscopy Volvulus Detorsion
- 18. ERCP And Sphincterotomy
- 19. Esophageal Stent Placement
- 20. ERCP + Placement Of Biliary Stents
- 21. Sigmoidoscopy W / Stent
- 22. EUS + Coeliac Node Biopsy
- 23. UGI Scopy And Injection Of Adrenaline, Sclerosants Bleeding Ulcers

#### F. General Surgery:

- 1. Robotic surgeries
- 2. Incision Of A Pilonidal Sinus / Abscess
- 3. Fissure In Ano Sphincterotomy
- 4. Surgical Treatment Of A Varicocele And A Hydrocele Of the Spermatic Cord
- 5. Orchidopexy
- 6. Abdominal Exploration In Cryptorchidism
- 7. Surgical Treatment Of Anal Fistulas
- 8. Division Of The Anal Sphincter (sphincterotomy)
- 9. Epididymectomy
- 10. Incision Of The Breast Abscess
- 11. Operations On The Nipple
- 12. Excision Of Single Breast Lump
- 13. Incision And Excision Of Tissue In The Perianal Region

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- 14. Surgical Treatment Of Hemorrhoids
- 15. Other Operations On The Anus
- 16. Ultrasound Guided Aspirations
- 17. Sclerotherapy, Etc.
- 18. Laparotomy For Grading Lymphoma With Splenectomy / liver/lymph Node Biopsy
- 19. Therapeutic Laparoscopy With Laser
- 20. Appendicectomy With/without Drainage
- 21. Infected Keloid Excision
- 22. Axillary Lymphadenectomy
- 23. Wound Debridement And Cover
- 24. Abscess-decompression
- 25. Cervical Lymphadenectomy
- 26. Infected Sebaceous Cyst
- 27. Inguinal Lymphadenectomy
- 28. Incision And Drainage Of Abscess
- 29. Suturing Of Lacerations
- 30. Scalp Suturing
- 31. Infected Lipoma Excision
- 32. Maximal Anal Dilatation
- 33. Piles a. Injection Sclerotherapy b. Piles Banding
- 34. Liver Abscess- Catheter Drainage
- 35. Fissure In Ano-Fissurectomy
- 36. Fibroadenoma Breast Excision
- 37. Oesophageal Varices Sclerotherapy
- 38. ERCP Pancreatic Duct Stone Removal
- 39. Perianal Abscess I&d
- 40. Perianal Hematoma Evacuation
- 41. UGI Scopy And Polypectomy Oesophagus
- 42. Breast Abscess I& D
- 43. Feeding Gastrostomy
- 44. Oesophagoscopy And Biopsy Of Growth Oesophagus
- 45. ERCP Bile Duct Stone Removal
- 46. Ileostomy Closure
- 47. Colonoscopy
- 48. Polypectomy Colon
- 49. Splenic Abscesses Laparoscopic Drainage
- 50. UGI Scopy And Polypectomy Stomach
- 51. Rigid Oesophagoscopy For FB Removal
- 52. Feeding Jejunostomy
- 53. Colostomy
- 54. Ileostomy
- 55. Colostomy Closure

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- 56. Submandibular Salivary Duct Stone Removal
- 57. Pneumatic Reduction Of Intussusception
- 58. Varicose Veins Legs Injection Sclerotherapy
- 59. Rigid Oesophagoscopy For Plummer Vinson Syndrome
- 60. Pancreatic Pseudocysts Endoscopic Drainage
- 61. Zadek's Nail Bed Excision
- 62. Subcutaneous Mastectomy
- 63. Excision Of Ranula Under GA
- 64. Rigid Oesophagoscopy For Dilation Of Benign Strictures
- 65. Eversion Of Sac -unilateral -bilateral
- 66. Lord's Plication
- 67. Jaboulay's Procedure
- 68. Scrotoplasty
- 69. Circumcision For Trauma
- 70. Meatoplasty
- 71. Intersphincteric Abscess Incision And Drainage
- 72. PSOAS Abscess Incision And Drainage
- 73. Thyroid Abscess Incision And Drainage
- 74. Tips Procedure For Portal Hypertension
- 75. Esophageal Growth Stent
- 76. Pair Procedure Of Hydatid Cyst Liver
- 77. Tru Cut Liver Biopsy
- 78. Photodynamic Therapy Or Esophageal Tumour And Lung Tumour
- 79. Excision Of Cervical Rib
- 80. Laparoscopic Reduction Of Intussusception
- 81. Microdochectomy Breast
- 82. Surgery For Fracture Penis
- 83. Sentinel Node Biopsy
- 84. Parastomal Hernia
- 85. Revision Colostomy
- 86. Prolapsed Colostomy- Correction
- 87. Testicular Biopsy
- 88. Laparoscopic Cardiomyotomy( Hellers)
- 89. Sentinel Node Biopsy Malignant Melanoma
- 90. Laparoscopic Pyloromyotomy(Ramstedt)

## G. Gynecology:

- 1. Operations On Bartholin's Glands (cyst)
- 2. Incision Of The Ovary
- 3. Insufflations Of The Fallopian Tubes
- 4. Other Operations On The Fallopian Tube
- 5. Dilatation Of The Cervical Canal

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- 6. Conisation Of The Uterine Cervix
- 7. Therapeutic Curettage With Colposcopy / Biopsy / Diathermy / Cryosurgery
- 8. Laser Therapy Of Cervix For Various Lesions Of Uterus
- 9. Other Operations On The Uterine Cervix
- 10. Incision Of The Uterus (hysterectomy)
- 11. Local Excision And Destruction Of Diseased Tissue Of The Vagina And The Pouch Of Douglas
- 12. Incision Of Vagina
- 13. Incision Of Vulva
- 14. Culdotomy
- 15. Salpingo-oophorectomy Via Laparotomy
- 16. Endoscopic Polypectomy
- 17. Hysteroscopic Removal Of Myoma
- 18. D&c
- 19. Hysteroscopic Resection Of Septum
- 20. Thermal Cauterisation Of Cervix
- 21. Mirena Insertion
- 22. Hysteroscopic Adhesiolysis
- 23. Leep
- 24. Cryocauterisation Of Cervix
- 25. Polypectomy Endometrium
- 26. Hysteroscopic Resection Of Fibroid
- 27. LLETZ
- 28. Conization
- 29. Polypectomy Cervix
- 30. Hysteroscopic Resection Of Endometrial Polyp
- 31. Vulval Wart Excision
- 32. Laparoscopic Paraovarian Cyst Excision
- 33. Uterine Artery Embolization
- 34. Laparoscopic Cystectomy
- 35. Hymenectomy(Imperforate Hymen)
- 36. Endometrial Ablation
- 37. Vaginal Wall Cyst Excision
- 38. Vulval Cyst Excision
- 39. Laparoscopic Paratubal Cyst Excision
- 40. Repair Of Vagina (Vaginal Atresia)
- 41. Hysteroscopy, Removal Of Myoma
- 42. TURBT
- 43. Vaginal Mesh For POP
- 44. Laparoscopic Myomectomy
- 45. Surgery For SUI
- 46. Repair Recto- Vagina Fistula
- 47. Pelvic Floor Repair( Excluding Fistula Repair)

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- 48. URS + LL
- 49. Laparoscopic Oophorectomy
- 50. Normal Vaginal Delivery And Variants
- 51. Excision of lesion of vulva
- 52. Amputation of cervix uteri

## H. Neurology:

- 1. IONM (Intra Operative Neuro Monitoring)
- 2. Facial Nerve Glycerol Rhizotomy
- 3. Spinal Cord Stimulation
- 4. Motor Cortex Stimulation
- 5. Stereotactic Radiosurgery
- 6. Percutaneous Cordotomy
- 7. Intrathecal Baclofen Therapy
- 8. Entrapment Neuropathy Release
- 9. Diagnostic Cerebral Angiography
- 10. VP Shunt
- 11. Ventriculoatrial Shunt
- 12. Deep Brain stimulation

## I. Oncology:

- 1. Radiotherapy For Cancer
- 2. Cancer Chemotherapy
- 3. IV Push Chemotherapy
- 4. HBI-hemibody Radiotherapy
- 5. Infusional Targeted Therapy
- 6. SRT-stereotactic ARC Therapy
- 7. SC Administration Of Growth Factors
- 8. Continuous Infusional Chemotherapy
- 9. Infusional Chemotherapy
- 10. CCRT-concurrent Chemo + RT
- 11. D Radiotherapy
- 12. D Conformal Radiotherapy
- 13. IGRT- Image Guided Radiotherapy
- 14. IMRT- Step & Shoot
- 15. Infusional Bisphosphonates
- 16. IMRT- DMLC
- 17. Rotational Arc Therapy
- 18. Tele Gamma Therapy
- 19. FSRT-fractionated SRT
- 20. VMAT-volumetric Modulated Arc Therapy
- 21. SBRT-stereotactic Body Radiotherapy
- 22. Helical Tomotherapy

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- 23. SRS-stereotactic Radiosurgery
- 24. X-knife SRS
- 25. Gammaknife SRS
- 26. TBI- Total Body Radiotherapy
- 27. Intraluminal Brachytherapy
- 28. Electron Therapy
- 29. TSET-total Electron Skin Therapy
- 30. Extracorporeal Irradiation Of Blood Products
- 31. Telecobalt Therapy
- 32. Telecesium Therapy
- 33. External Mould Brachytherapy
- 34. Interstitial Brachytherapy
- 35. Intracavity Brachytherapy
- 36. D Brachytherapy
- 37. Implant Brachytherapy
- 38. Intravesical Brachytherapy
- 39. Adjuvant Radiotherapy
- 40. Afterloading Catheter Brachytherapy
- 41. Conditioning Radiothearpy For BMT
- 42. Nerve Biopsy
- 43. Muscle Biopsy
- 44. Epidural Steroid Injection
- 45. Extracorporeal Irradiation To The Homologous Bone Grafts
- 46. Radical Chemotherapy
- 47. Neoadjuvant Radiotherapy
- 48. LDR Brachytherapy
- 49. Palliative Radiotherapy
- 50. Radical Radiotherapy
- 51. Palliative Chemotherapy
- 52. Template Brachytherapy
- 53. Neoadjuvant Chemotherapy
- 54. Adjuvant Chemotherapy
- 55. Induction Chemotherapy
- 56. Consolidation Chemotherapy
- 57. Maintenance Chemotherapy
- 58. HDR Brachytherapy
- 59. immunotherapy Monoclonal Antibody to be given as injection
- 60. Stem cell therapy: Hematopoietic stem cells for bone marrow transplant for hematological conditions

## J. Salivary Glands & Salivary Ducts:

1. Incision And Lancing Of A Salivary Gland And A Salivary Duct

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- 2. Excision Of Diseased Tissue Of A Salivary Gland And A Salivary Duct
- 3. Resection Of A Salivary Gland
- 4. Reconstruction Of A Salivary Gland And A Salivary Duct
- 5. Other Operations On The Salivary Glands And Salivary Ducts
- 6. Open extraction of calculus from parotid duct

#### K. Skin & Subcutaneous Tissues:

- 1. Other Incisions Of The Skin And Subcutaneous Tissues
- 2. Surgical Wound Toilet (wound Debridement) And Removal Of Diseased Tissue Of The Skin And Subcutaneous Tissues
- 3. Local Excision Of Diseased Tissue Of The Skin And Subcutaneous Tissues
- 4. Other Excisions Of The Skin And Subcutaneous Tissues
- 5. Simple Restoration Of Surface Continuity Of The Skin And Subcutaneous Tissues
- 6. Free Skin Transplantation, Donor Site
- 7. Free Skin Transplantation, Recipient Site
- 8. Revision Of Skin Plasty
- 9. Other Restoration And Reconstruction Of The Skin And Subcutaneous Tissues.
- 10. Chemosurgery To The Skin.
- 11. Destruction Of Diseased Tissue In The Skin And Subcutaneous Tissues
- 12. Reconstruction Of Deformity/defect In Nail Bed
- 13. Excision Of Bursirtis
- 14. Tennis Elbow Release

## L. Tongue:

- 1. Incision, Excision And Destruction Of Diseased Tissue Of The Tongue
- 2. Partial Glossectomy
- 3. Glossectomy
- 4. Reconstruction Of The Tongue
- 5. Other Operations On The Tongue

## M. Ophthalmology:

- 1. Surgery For Cataract
- 2. Incision Of Tear Glands
- 3. Other Operations On The Tear Ducts
- 4. Incision Of Diseased Eyelids
- 5. Excision And Destruction Of Diseased Tissue Of The Eyelid
- 6. Operations On The Canthus And Epicanthus
- 7. Corrective Surgery For Entropion And Ectropion
- 8. Corrective Surgery For Blepharoptosis
- 9. Removal Of A Foreign Body From The Conjunctiva
- 10. Removal Of A Foreign Body From The Cornea
- 11. Incision Of The Cornea
- 12. Operations For Pterygium

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- 13. Other Operations On The Cornea
- 14. Removal Of A Foreign Body From The Lens Of The Eye
- 15. Removal Of A Foreign Body From The Posterior Chamber Of The Eye
- 16. Removal Of A Foreign Body From The Orbit And Eyeball
- 17. Correction Of Eyelid Ptosis By Levator Palpebrae Superioris Resection (bilateral)
- 18. Correction Of Eyelid Ptosis By Fascia Lata Graft (bilateral)
- 19. Diathermy/cryotherapy To Treat Retinal Tear
- 20. Anterior Chamber Paracentesis / Cyclodiathermy / Cyclocryotherapy / Goniotomy Trabeculotomy And Filtering And Allied Operations To Treat Glaucoma
- 21. Enucleation Of Eye Without Implant
- 22. Dacryocystorhinostomy For Various Lesions Of Lacrimal Gland
- 23. Laser Photocoagulation To Treat Ratinal Tear
- 24. Biopsy Of Tear Gland
- 25. Treatment Of Retinal Lesion
- 26. Curettage/cryotherapy of lesion of eyelid
- 27. Intra vitreal injections

#### N. Orthopedics:

- 1. Surgery For Meniscus Tear
- 2. Incision On Bone, Septic And Aseptic
- 3. Closed Reduction On Fracture, Luxation Or Epiphyseolysis With Osteosynthesis
- 4. Suture And Other Operations On Tendons And Tendon Sheath
- 5. Reduction Of Dislocation Under GA
- 6. Arthroscopic Knee Aspiration
- 7. Surgery For Ligament Tear
- 8. Surgery For Hemoarthrosis/pyoarthrosis
- 9. Removal Of Fracture Pins/nails
- 10. Removal Of Metal Wire
- 11. Closed Reduction On Fracture, Luxation
- 12. Reduction Of Dislocation Under GA
- 13. Epiphyseolysis With Osteosynthesis
- 14. Excision Of Various Lesions In Coccyx
- 15. Arthroscopic Repair Of Acl Tear Knee
- 16. Closed Reduction Of Minor Fractures
- 17. Arthroscopic Repair Of PCL Tear Knee
- 18. Tendon Shortening
- 19. Arthroscopic Meniscectomy Knee
- 20. Treatment Of Clavicle Dislocation
- 21. Haemarthrosis Knee- Lavage
- 22. Abscess Knee Joint Drainage
- 23. Carpal Tunnel Release
- 24. Closed Reduction Of Minor Dislocation

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- 25. Repair Of Knee Cap Tendon
- 26. ORIF With K Wire Fixation- Small Bones
- 27. Release Of Midfoot Joint
- 28. ORIF With Plating- Small Long Bones
- 29. Implant Removal Minor
- 30. K Wire Removal
- 31. Closed Reduction And External Fixation
- 32. Arthrotomy Hip Joint
- 33. Syme's Amputation
- 34. Arthroplasty
- 35. Partial Removal Of Rib
- 36. Treatment Of Sesamoid Bone Fracture
- 37. Shoulder Arthroscopy / Surgery
- 38. Elbow Arthroscopy Amputation Of Metacarpal Bone
- 39. Release Of Thumb Contracture
- 40. Incision Of Foot Fascia
- 41. Partial Removal Of Metatarsal
- 42. Repair / Graft Of Foot Tendon
- 43. Revision/removal Of Knee Cap
- 44. Amputation Follow-up Surgery
- 45. Exploration Of Ankle Joint
- 46. Remove/graft Leg Bone Lesion
- 47. Repair/graft Achilles Tendon
- 48. Remove Of Tissue Expander
- 49. Biopsy Elbow Joint Lining
- 50. Removal Of Wrist Prosthesis
- 51. Biopsy Finger Joint Lining
- 52. Tendon Lengthening
- 53. Treatment Of Shoulder Dislocation
- 54. Lengthening Of Hand Tendon
- 55. Removal Of Elbow Bursa
- 56. Fixation Of Knee Joint
- 57. Treatment Of Foot Dislocation
- 58. Surgery Of Bunion
- 59. Tendon Transfer Procedure
- 60. Removal Of Knee Cap Bursa
- 61. Treatment Of Fracture Of Ulna
- 62. Treatment Of Scapula Fracture
- 63. Removal Of Tumor Of Arm/ Elbow Under RA/GA
- 64. Repair Of Ruptured Tendon
- 65. Decompress Forearm Space
- 66. Revision Of Neck Muscle (torticollis Release)

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- 67. Lengthening Of Thigh Tendons
- 68. Treatment Fracture Of Radius & Ulna
- 69. Repair Of Knee Joint

#### O. Mouth & Face:

- 1. External Incision And Drainage In The Region Of The Mouth, Jaw And Face
- 2. Incision Of The Hard And Soft Palate
- 3. Excision And Destruction Of Diseased Hard And Soft Palate
- 4. Incision, Excision And Destruction In The Mouth
- 5. Other Operations In The Mouth
- 6. Operations on uvula

## P. Pediatric Surgery:

- 1. Excision Of Fistula-in-ano
- 2. Excision Juvenile Polyps Rectum
- 3. Vaginoplasty
- 4. Dilatation Of Accidenta L Caustic Stricture Oesophageal
- 5. Presacral Teratomas Excision
- 6. Removal Of Vesical Stone
- 7. Excision Sigmoid Polyp
- 8. Sternomastoid Tenotomy
- 9. Infantile Hypertrophic Pyloric Stenosis Pyloromyotomy
- 10. Excision Of Soft Tissue Rhabdomyosarcoma
- 11. Mediastinal Lymph Node Biopsy
- 12. High Orchidectomy For Testis Tumours
- 13. Excision Of Cervical Teratoma
- 14. Rectal-myomectomy
- 15. Rectal Prolapse (delorme's Procedure)
- 16. Detorsion Of Torsion Testis
- 17. EUA + Biopsy Multiple Fistula In Ano

#### Q. Plastic Surgery:

- 1. Construction Skin Pedicle Flap
- 2. Gluteal Pressure Ulcer-excision
- 3. Muscle-skin Graft, Leg
- 4. Removal Of Bone For Graft
- 5. Muscle-skin Graft Duct Fistula
- 6. Removal Cartilage Graft
- 7. Myocutaneous Flap
- 8. Fibro Myocutaneous Flap
- 9. Breast Reconstruction Surgery After Mastectomy
- 10. Sling Operation For Facial Palsy
- 11. Split Skin Grafting Under RA

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- 12. Wolfe Skin Graft
- 13. Plastic Surgery To The Floor Of The Mouth Under GA

#### R. Thoracic Surgery:

- 1. Thoracoscopy And Lung Biopsy
- 2. Excision Of Cervical Sympathetic Chain Thoracoscopic
- 3. Laser Ablation Of Barrett's Oesophagus
- 4. Pleurodesis
- 5. Thoracoscopy And Pleural Biopsy
- 6. EBUS + Biopsy
- 7. Thoracoscopy Ligation Thoracic Duct
- 8. Thoracoscopy Assisted Empyaema Drainage
- 9. Operations for drainage of pleural cavity

#### S. Urology:

- 1. Vaporisation of the prostrate (Green laser treatment or holmium laser treatment)
- 2. Haemodialysis
- 3. Lithotripsy/nephrolithotomy For Renal Calculus
- 4. Excision Of Renal Cyst
- 5. Drainage Of Pyonephrosis/perinephric Abscess
- 6. Incision Of The Prostate
- 7. Transurethral Excision And Destruction Of Prostate Tissue
- 8. Transurethral And Percutaneous Destruction Of Prostate Tissue
- 9. Open Surgical Excision And Destruction Of Prostate Tissue
- 10. Radical Prostatovesiculectomy
- 11. Other Excision And Destruction Of Prostate Tissue
- 12. Operations On The Seminal Vesicles
- 13. Incision And Excision Of Periprostatic Tissue
- 14. Other Operations On The Prostate
- 15. Incision Of The Scrotum And Tunica Vaginalis Testis
- 16. Operation On A Testicular Hydrocele
- 17. Excision And Destruction Of Diseased Scrotal Tissue
- 18. Other Operations On The Scrotum And Tunica Vaginalis Testis
- 19. Incision Of The Testes
- 20. Excision And Destruction Of Diseased Tissue Of The Testes
- 21. Unilateral Orchidectomy
- 22. Bilateral Orchidectomy
- 23. Surgical Repositioning Of An Abdominal Testis
- 24. Reconstruction Of The Testis
- 25. Implantation, Exchange And Removal Of A Testicular Prosthesis
- 26. Other Operations On The Testis
- 27. Excision In The Area Of The Epididymis
- 28. Operations On The Foreskin

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- 29. Local Excision And Destruction Of Diseased Tissue Of The Penis
- 30. Amputation Of The Penis
- 31. Other Operations On The Penis
- 32. Cystoscopical Removal Of Stones
- 33. Lithotripsy
- 34. Biopsy Oftemporal Artery For Various Lesions
- 35. External Arterio-venous Shunt
- 36. AV Fistula Wrist
- 37. URSL With Stenting
- 38. URSL With Lithotripsy
- 39. Cystoscopic Litholapaxy
- 40. ESWL
- 41. Bladder Neck Incision
- 42. Cystoscopy & Biopsy
- 43. Cystoscopy And Removal Of Polyp
- 44. Suprapubic Cystostomy
- 45. Percutaneous Nephrostomy
- 46. Cystoscopy And "SLING" Procedure.
- 47. TUNA- Prostate
- 48. Excision Of Urethral Diverticulum
- 49. Removal Of Urethral Stone
- 50. Excision Of Urethral Prolapse
- 51. Mega-ureter Reconstruction
- 52. Kidney Renoscopy And Biopsy
- 53. Ureter Endoscopy And Treatment
- 54. Vesico Ureteric Reflux Correction
- 55. Surgery For Pelvi Ureteric Junction Obstruction
- 56. Anderson Hynes Operation
- 57. Kidney Endoscopy And Biopsy
- 58. Paraphimosis Surgery
- 59. Injury Prepuce- Circumcision
- 60. Frenular Tear Repair
- 61. Meatotomy For Meatal Stenosis
- 62. Surgery For Fournier's Gangrene Scrotum
- 63. Surgery Filarial Scrotum
- 64. Surgery For Watering Can Perineum
- 65. Repair Of Penile Torsion
- 66. Drainage Of Prostate Abscess
- 67. Orchiectomy
- 68. Cystoscopy And Removal Of FB
- 69. Endoscopic anti-reflux procedure (and bilateral)
- 70. Excision of urethral caruncle

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# 71. Dilatation of urethra (including cystoscopy)

# Annexure 2 - List I

SI No	Item
1	BABY FOOD
2	BABY UTILITIES CHARGES
3	BEAUTY SERVICES
4	BELTS/ BRACES
5	BUDS
6	COLD PACK/HOT PACK
7	CARRY BAGS
8	EMAIL / INTERNET CHARGES
9	FOOD CHARGES (OTHER THAN PATIENT'S DIET PROVIDED BY HOSPITAL)
10	LEGGINGS
11	LAUNDRY CHARGES
12	MINERAL WATER
13	SANITARY PAD
14	TELEPHONE CHARGES
15	GUEST SERVICES
16	CREPE BANDAGE
17	DIAPER OF ANY TYPE
18	EYELET COLLAR
19	SLINGS
20	BLOOD GROUPING AND CROSS MATCHING OF DONORS SAMPLES
21	SERVICE CHARGES WHERE NURSING CHARGE ALSO CHARGED
22	TELEVISION CHARGES
23	SURCHARGES
24	ATTENDANT CHARGES
25	EXTRA DIET OF PATIENT (OTHER THAN THAT WHICH FORMS PART OF BED CHARGE)
26	BIRTH CERTIFICATE
27	CERTIFICATE CHARGES
28	COURIER CHARGES
29	CONVEYANCE CHARGES
30	MEDICAL CERTIFICATE
31	MEDICAL RECORDS
32	PHOTOCOPIES CHARGES
33	MORTUARY CHARGES

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34 WALKING AIDS CHARGES 35 OXYGEN CYLINDER (FOR USAGE OUTSIDE THE HOSPITAL) 36 SPACER 37 SPIROMETRE 38 NEBULIZER KIT 39 STEAM INHALER 40 ARMSLING 41 THERMOMETER 42 CERVICAL COLLAR 43 SPLINT 44 DIABETIC FOOT WEAR 45 KNEE BRACES (LONG/ SHORT/ HINGED) 46 KNEE IMMOBILIZER/SHOULDER IMMOBILIZER 47 LUMBO SACRAL BELT 48 NIMBUS BED OR WATER OR AIR BED CHARGES 49 AMBULANCE COLLAR 50 AMBULANCE EQUIPMENT 51 ABDOMINAL BINDER 52 PRIVATE NURSES CHARGES- SPECIAL NURSING CHARGES 53 SUGAR FREE TABLETS 54 CREAMS POWDERS LOTIONS (TOILETRIES ARE NOT PAYABLE, ONI MEDICAL PHARMACEUTICALS PAYABLE) 55 ECG ELECTRODES 56 GLOVES 57 NEBULISATION KIT 58 ANY KIT WITH NO DETAILS MENTIONED [DELIVERY KIT, ORTHOKIT, ETC] 59 KIDNEY TRAY	
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58 ETC] 59 KIDNEY TRAY 60 MASK	
60 MASK	RECOVERY KIT,
61 OUNCE GLASS	
62 OXYGEN MASK	
63 PELVIC TRACTION BELT	
64 PAN CAN	
65 TROLLY COVER	
66 UROMETER, URINE JUG	
67 AMBULANCE	
68 VASOFIX SAFETY	

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# <u>List II — Items that are to be subsumed into Room Charges</u>

SI No	Item
1	BABY CHARGES (UNLESS SPECIFIED/INDICATED)
2	HAND WASH
3	SHOE COVER
4	CAPS
5	CRADLE CHARGES
6	COMB
7	EAU-DE-COLOGNE / ROOM FRESHNERS
8	FOOT COVER
9	GOWN
10	SLIPPERS
11	TISSUE PAPER
12	TOOTH PASTE
13	TOOTH BRUSH
14	BED PAN
15	FACE MASK
16	FLEXI MASK
17	HAND HOLDER
18	SPUTUM CUP
19	DISINFECTANT LOTIONS
20	LUXURY TAX
21	HVAC
22	HOUSE KEEPING CHARGES
23	AIR CONDITIONER CHARGES
24	IM IV INJECTION CHARGES
25	CLEAN SHEET
26	BLANKET/WARMER BLANKET
27	ADMISSION KIT
28	DIABETIC CHART CHARGES
29	DOCUMENTATION CHARGES / ADMINISTRATIVE EXPENSES
30	DISCHARGE PROCEDURE CHARGES
31	DAILY CHART CHARGES
32	ENTRANCE PASS / VISITORS PASS CHARGES

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33	EXPENSES RELATED TO PRESCRIPTION ON DISCHARGE
34	FILE OPENING CHARGES
35	INCIDENTAL EXPENSES / MISC. CHARGES (NOT EXPLAINED)
36	PATIENT IDENTIFICATION BAND / NAME TAG
37	PULSEOXYMETER CHARGES

# <u>List III — Items that are to be subsumed into Procedure Charges</u>

SI No.	Item
1	HAIR REMOVAL CREAM
2	DISPOSABLES RAZORS CHARGES (for site preparations)
3	EYE PAD
4	EYE SHEILD
5	CAMERA COVER
6	DVD, CD CHARGES
7	GAUSE SOFT
8	GAUZE
9	WARD AND THEATRE BOOKING CHARGES
10	ARTHROSCOPY AND ENDOSCOPY INSTRUMENTS
11	MICROSCOPE COVER
12	SURGICAL BLADES, HARMONICSCALPEL,SHAVER
13	SURGICAL DRILL
14	EYE KIT
15	EYE DRAPE
16	X-RAY FILM
17	BOYLES APPARATUS CHARGES
18	COTTON
19	COTTON BANDAGE
20	SURGICAL TAPE
21	APRON
22	TORNIQUET
23	ORTHOBUNDLE, GYNAEC BUNDLE

# <u>List IV — Items that are to be subsumed into costs of treatment</u>

SI No.	Item
1	ADMISSION/REGISTRATION CHARGES
2	HOSPITALIZATION FOR EVALUATION/ DIAGNOSTIC PURPOSE

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3	URINE CONTAINER
4	BLOOD RESERVATION CHARGES AND ANTE NATAL BOOKING CHARGES
5	BIPAP MACHINE
6	CPAP/ CAPD EQUIPMENTS
7	INFUSION PUMP— COST
8	HYDROGEN PEROXIDE\SPIRIT\ DISINFECTANTS ETC
9	NUTRITION PLANNING CHARGES – DIETICIAN CHARGES- DIET CHARGES
10	HIV KIT
11	ANTISEPTIC MOUTHWASH
12	LOZENGES
13	MOUTH PAINT
14	VACCINATION CHARGES
15	ALCOHOL SWABES
16	SCRUB SOLUTION/STERILLIUM
17	GLUCOMETER& STRIPS
18	URINE BAG

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